Body Wisdom
Massage Therapy
School

Body Wisdom, Inc.
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Scheduled Classes 2023

022223

Date	Subject (Core/Elective)	Prerequisites
1/3-23	Kinesiology (52 hrs)	B&M
1/6-15	Biz 32 (32 hrs)	by permission
1/13-14	Biz 8/4 (12 hrs)	by permission
1/20-21	Biz 12 (12 hrs)	none
1/24-2/3	Therapeutic Massage Level 1 (52 hrs)	none
2/4-5	Sea Shell Massage (16 hrs)	TM1
2/6	Embracing Life – Arms, Wrists, Hands (8 hrs)	TM1, B&M
2/7-3/21	Physiology (56 hrs)	none
2/10-18	Hot & Cold Stone Therapy (48 hrs)	TM1
2/21	Stretching – Tai Chi – Qigong - LB (8 hrs)	TM1, B&M
2/25-3/5	Therapeutic Massage Level 2 (52 hrs)	TM1
3/6	Ease the Load – Shoulders (8 hrs)	TM1, B&M
3/10-12	SansHandsFlow Massage (24 hrs)	TM1
3/16-19	Bamboo Massage (24 hrs)	TM1, B&M
3/22	Relax – Ear & Hand Reflexology (8 hrs)	none
3/23-4/12	Pathology (44 hrs)	Physiology
3/25-26	Thai Herbal Spa (16 hrs)	none
3/30-4/2	Neuromuscular Therapy (24 hrs)	TM1, B&M
4/6-9	Clinical Hydrotherapy (24 hrs)	TM1
4/11	Stretching – Tai Chi – Qigong - UB (8 hrs)	TM1, B&M
4/13-16	Thai Foot Massage (24 hrs)	none
4/17-26	Maternity & Infant Massage (48 hrs)	TM1
4/27	Soothing Belly Work – Abdominal Massage (8 hrs)	TM1, Phys
4/28-5/25	Anatomy: Bones & Muscles (48 hrs)	none
5/1	Dreamy Face Sequence (8 hrs)	none
5/2-12	Therapeutic Massage Level 1 (52 hrs)	none
5/20-21	Fusion 16 (16 hrs)	TM1&2, B&M
5/26	Crazy Good Neck Work – Version I (8 hrs)	TM1&2, B&M
5/27-29	European Spa Specialties (24 hrs)	TM1
5/30-6/9	Therapeutic Massage Level 2 (52 hrs)	TM1
6/10-11	Hot Stone Reflexology (16 hrs)	none
6/12-21	Lymphatic Drainage Massage (48 hrs)	none
6/22	Move Freely – Hips & Pelvis (8 hrs)	TM1&2, B&M
6/23-7/31	Clinical Sports (Orthopedic) Massage (96 hrs)	TM1, B&M
6/27-7/11	Therapeutic Massage Level 3 (52 hrs)	TM2

Date	Subject (Core/Elective)	Prerequisites
7/4	I've Got Your Back – Spec. Back Techn. (8 hrs)	TM1, B&M
7/12-8/4	Kinesiology (52 hrs)	B&M
7/21	Your Crown & Glory: Head Massage (8 hrs)	none
7/22-23	Rock to Relax: Pulsing (16 hrs)	none
8/5-6	Rock to Relax: Rebalancing (16 hrs)	none
8/7	Stand Your Ground – Legs & Feet (8 hrs)	TM1, B&M
8/11-9/11	Traditional Thai Massage on the Mat (96 hrs)	none
8/15-24	Clinical Aromatherapy & Massage (48 hrs)	TM1 / by permission
8/29-10/6	Physiology (56 hrs)	none
9/2-4	Craniosacral Therapy Level 1 (24 hrs)	by permission
9/12-22	Therapeutic Massage Level 1 (52 hrs)	none
9/23-24	Premier Spa Indonesia (16 hrs)	TM1 or equivalent
9/25	Himalayan Salt Stone Massage (8 hrs)	TM1
9/30-10/10	Acupressure (48 hrs)	none
10/11	Crazy Good Neck Work – Version II (8 hrs)	TM1&2, B&M
10/12-21	Therapeutic Massage Level 2 (52 hrs)	TM1
10/22-25*	Geriatric (Elderly) Massage (24 hrs)	TM1
10/26-11/16	Anatomy: Bones & Muscles (48 hrs)	none
10/29-11/6	Positional Release Therapy (48 hrs)	TM1, B&M
11/11-12	Ayurvedic Shirodhara (16 hrs)	none
11/13	Cupping: Myofascial Decompression (8 hrs)	by permission
11/17-20	Barefoot Bars Deep Tissue (32 hrs)	by permission
11/21-22	Massage for Oncology & Hospice Care (16 hrs)	TM1&2, Phys, Path
11/27-12/6	Deep Tissue Massage (48 hrs)	TM1, B&M
12/7-9	Sound Infused Massage Therapies (16 hrs)	TM1
12/10-18	Myofascial Therapy (48 hrs)	TM1, B&M
12/19	Intuitive Hands-On Energy Work (8 hrs)	by permission
12/20-1/16	Pathology (44 hrs)	Physiology

Courses Early Year 2024:

1/5-6	Biz 8/4 (12 hrs)	by permission
1/7-14	Biz 32 (32 hrs)	by permission
1/17-19	Biz 12 (12 hrs)	none
1/18-27	Therapeutic Massage Level 1 (52 hrs)	none
1/28-2/5	Foot Reflexology (48 hrs)	none

We offer: Morning Hours Mo-Fr - Evening & Weekend Hours - Combination Hours

** some combination hours included*

FREE informational private tours and consultations by appointment: 515-727-4890